

EUPEA DECLARATION OF MADRID: 27th of October 1991

1. There is a need to promote and defend physical education as a core subject in the school curriculum. 'No education without physical education'.

Therefore it is necessary to:

1.1 seek to maintain or achieve compulsory physical education for the period of formal schooling;

1.2 recognise the contribution of physical education within higher education;

1.3 seek sufficient curriculum time in schools for physical education;

1.3.1 early grades of schooling – daily PE (eg. up to 11 or 12 years of age);

1.3.2 later grades of schooling – 3 hours per week as outlined in the European charter;

1.4 demand that physical education, as a critical aspect of education for the early grades of schooling (usually up to the age of 11 or 12 years), must be delivered by teachers who are properly qualified in this subject; within the concept of education existing in each country.

2. There is a need to promote the academic study and the practice of physical education as an important discipline in its own right.

3. There is a need to develop the exchange of information on physical education in Europe as a basis for lobbying national governments and European bodies and organisations.

4. There is a need to explore a minimum European curriculum for physical education and to ensure the provision of resources to implement it.

5. There is a need to promote in-service training for European teachers through courses, conferences and workshops, supported by the National Governments and the European Institutions.

6. There is a need to develop links with influential European bodies and organisations whose activities impinge upon physical education.

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European Physical Education Association

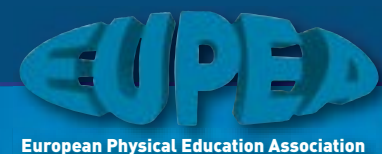
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**Working for High Quality
Physical Education in Europe**



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NO EDUCATION WITHOUT PHYSICAL EDUCATION

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European Physical Education Association

EUPEA IS:

An umbrella organisation of professional physical education associations in Europe. It was founded in 1991 in Brussels and works with a wide variety of Governmental and non-Governmental organisations, as well as individual experts and professionals, in order to promote more and better physical education all over Europe.

EUPEA'S MISSION:

To promote high quality physical education as a lifelong experience for all children and young people in Europe.

EUPEA BELIEVES:

Education is concerned with the total development and well being of every child and young person. Physical education makes a unique contribution to the education of all learners and enhances physical, social, emotional and cognitive development. Quality physical education is a regular planned programme of teaching and learning activity throughout the entire school year.

QUALITY PHYSICAL EDUCATION PROGRAMMES IN EUROPE:

Each country has its own cultural identity, but in general each pupil, regardless of ability, sex, ethnic or cultural background, has the right to experience a programme of PE which promotes at least the following:

- A broad base of physical literacy and knowledge of physical education
- Growth and development
- Insight and understanding of the importance of a healthy lifestyle
- A positive self-esteem within the context of physical activity
- Interpersonal skills, such as the ability to solve problems and co-operate with others in the context of sport and physical activity
- The opportunity to develop oneself as an independent and responsible participant of sport-culture
- A life long interest and engagement in, and affinity for, physical activity